

Does Hyperthyroidism Cause Weight Gain

Hyperthyroidism (high function) caused by having too many free thyroid hormones 8952017ec3

Gestational weight gain Gestational weight gain is defined as the amount of weight gain a woman experiences between conception and the birth of an infant. The Institute of Medicine Gestational weight gain is defined as the amount of weight gain a woman experiences between conception and the birth of an infant 8952017ec3

Weight loss typically occurs when fewer calories are consumed than is expended by daily activities, physiological processes and physical exercise (known as a caloric deficit). If enough weight is lost due to a reduction in body fat, an individual may move from being overweight (25.0-29.9) or obese (30+) into a healthy weight range (18.5-24.9); however, continued weight loss beyond this point can lead to becoming underweight (< 18.5). 8952017ec3 There are five general types of thyroid disease, each with their own symptoms. A person may have one or several different types at the same time. The five groups are: 8952017ec3 In some types, such as subacute thyroiditis or postpartum thyroiditis, symptoms may go... 8952017ec3 Tumors which can be benign (not cancerous) or cancerous 8952017ec3 In the US, hypothyroidism and hyperthyroidism were respectively found in 4.6 and 1.3% of the >12y old population (2002). 8952017ec3 Graves' disease is the cause of about 50% to 80% of the cases of hyperthyroidism in the United States. Other causes include multinodular goiter, toxic adenoma, inflammation of the thyroid, eating too much iodine, and too much synthetic thyroid hormone. A less common cause is a pituitary adenoma. The diagnosis may be suspected... 8952017ec3 Weight management strategies most often focus on achieving healthy weights through slow but steady weight loss, followed by maintenance of an ideal body weight. However, weight neutral approaches to health have also been shown to result in positive health outcomes. 8952017ec3 If enough weight is gained due to increased body fat deposits, one may become overweight or obese, generally defined as having more body fat (adipose tissue) than is considered good for health. The Body Mass Index (BMI) measures body weight in proportion to height and defines optimal, insufficient, and excessive weight based on the ratio. 8952017ec3 Abnormal thyroid function tests without any clinical symptoms (subclinical hypothyroidism or subclinical hyperthyroidism). 8952017ec3 There are many factors that contribute to a person's weight, including: diet, physical activity, genetics, environmental factors, health care support, medications, and illnesses. Each of these factors affects weight in different ways and to varying... 8952017ec3 == Recommendations == 8952017ec3 Hypothyroidism (low function) caused by not having enough free thyroid hormones 8952017ec3 == Description == 8952017ec3

Failure to thrive Failure to thrive (FTT), also known as weight faltering or faltering growth, indicates insufficient weight gain or absence of

appropriate physical growth 8952017ec3

Structural abnormalities, most commonly a goiter (enlargement of the thyroid gland) 8952017ec3

Thyroid disease (subclinical hypothyroidism or subclinical hyperthyroidism). The thyroid gland is located at the front of the neck and produces thyroid hormones that travel through the blood to help regulate many other organs, meaning that it is an endocrine organ. 3% of Thyroid disease is a medical condition that affects the structure and/or function of the thyroid gland. These hormones normally act in the body to regulate energy use, infant development, and childhood development. In the US, hypothyroidism and hyperthyroidism were respectively found in 4. 6 and 1 8952017ec3

Weight gain This can involve an increase in muscle mass, fat deposits, excess fluids such as water or other factors. Weight Weight gain is an increase in body weight. Weight gain can be a symptom of a serious medical condition. Weight gain is an increase in body weight. This can involve an increase in muscle mass, fat deposits, excess fluids such as water or other factors 8952017ec3

Dieting Diets can also be used to maintain a stable body weight or. gain weight (such as people who are underweight or who are attempting to gain more muscle) 8952017ec3

Weight gain occurs when more energy (as calories from food and beverage consumption) is gained than the energy expended by life activities, including normal physiological processes and physical exercise. 8952017ec3

Racing thoughts The anxiety and inability to focus is very common in hyperthyroidism and leads to. irritability, weight loss, nervousness, anxiety and racing thoughts 8952017ec3

== Key factors == 8952017ec3 Having excess adipose tissue (fat) is a common condition, especially where food supplies are plentiful and lifestyles are sedentary. Being overweight or having obesity may increase the risk of several diseases, such as diabetes, heart disease, and some cancers, and may lead to short- and long-term health problems during pregnancy. Rates of obesity worldwide tripled from 1975 to 2016 to involve some 1.8 billion people and 39... 8952017ec3

Weight loss actual or perceived overweight or obese state. "Unexplained" weight loss that is not caused by reduction in calorific intake or increase in exercise is In medicine, health, or physical fitness, weight loss is a reduction of the total body mass, by a mean loss of fluid, body fat (adipose tissue), or lean mass (namely bone mineral deposits, muscle, tendon, and other connective tissue). Weight loss can either occur unintentionally because of malnourishment or an underlying disease, or from a conscious effort to improve an actual or perceived overweight or obese state. "Unexplained" weight loss that is not caused by reduction in calorific intake or increase in exercise is called cachexia and may be a

symptom of a serious medical condition 8952017ec3

The Institute of Medicine (IOM) recommendations for gestational weight gain are based on the body mass index (BMI) of women before pregnancy. However, early first-trimester BMI appears to be a valid proxy for pre-conception BMI. BMI is split up into four categories: underweight ($<18.5 \text{ kg/m}^2$), normal weight ($18.5\text{--}24.9 \text{ kg/m}^2$), overweight ($25\text{--}29.9 \text{ kg/m}^2$), and obese ($\geq 30.0 \text{ kg/m}^2$). The IOM has recommended the ranges of total weight gain to be 12.5–18 kg, 11.5–16 kg, 7–11.5 kg, and 5–9 kg, respectively. That is, the smaller the BMI pre-pregnancy, the more weight a woman is expected to gain during her pregnancy. Based on these recommendations, gestational weight gain is categorized as inadequate (less than recommended), adequate (within the recommendation), and excessive (exceeding the recommendation). It is also important to note that the IOM recommendations stated above are for singleton pregnancies. 8952017ec3 Understanding the basic science of weight management and strategies for attaining and maintaining a healthy weight is important because obesity is a risk factor for development of many chronic diseases, like Type 2 diabetes, hypertension and cardiovascular disease. 8952017ec3

Signs and symptoms of Graves' disease generally result from the direct and indirect effects of hyperthyroidism, although they can also be caused by other thyroidal conditions, such as Graves' ophthalmopathy 8952017ec3

== Description == 8952017ec3

Weight management Most weight management techniques encompass long-term lifestyle strategies that promote healthy eating and daily physical activity. Other endocrine causes of weight loss include hyperthyroidism and chronic adrenal insufficiency. associated with weight gain. Weight management generally includes tracking weight over time and identifying an individual's ideal body weight. As weight loss depends partly Weight management comprises behaviors, techniques, and physiological processes that contribute to a person's ability to attain and maintain a healthy weight 8952017ec3

Hyperthyroidism Symptoms are typically less severe in the elderly and during pregnancy. Graves' disease is the cause of about 50% to 80% of the cases of hyperthyroidism in the United States Hyperthyroidism is a endocrine disease in which the thyroid gland produces excessive amounts of thyroid hormones. Signs and symptoms vary between people and may include irritability, muscle weakness, sleeping problems, a fast heartbeat, heat intolerance, diarrhea, enlargement of the thyroid, hand tremor, and weight loss. An uncommon but life-threatening complication is thyroid storm in which an event such as an infection results in worsening symptoms such as confusion and a high temperature; this often results in death. the thyroid gland does not make enough thyroid hormone. The opposite is hypothyroidism, when the thyroid gland does not make enough thyroid hormone. Some, however, use the terms interchangeably. Thyrotoxicosis is a condition that occurs due to elevated levels of thyroid hormones of any cause and therefore includes hyperthyroidism 8952017ec3

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